



**THE  
CAMOGIE  
ASSOCIATION**  
An Cumann Camógaíochta

# PLAYERS' CHECKLIST & RESOURCES

## Have you registered with your Club?

- To ensure you are registered to participate in training activities and games with your Club as a coach.
- To ensure you are insured by your Club to participate in training activities and games in case of injury.
- Please note you cannot participate in any form of activity unless you have registered with your Club.

## Are you aware of resources available to help you prepare for return to activity?

- Camogie Injury Prevention Links:
  - Phase One - <https://www.youtube.com/watch?v=gYd6x6MoDz0>
  - Phase Two - <https://www.youtube.com/watch?v=DeG5Kj0fU2Q>
  - Phase Three - [https://www.youtube.com/watch?v=\\_dLj4u8-gas](https://www.youtube.com/watch?v=_dLj4u8-gas)
- Tesco Skills Sessions
  - Session One - <https://youtu.be/MMfpfg0rINc>
  - Session Two - <https://youtu.be/2nMaAPP9kL0>
  - Session Three - <https://youtu.be/dCjxl53uNq>
- Player Welfare
  - <https://camogie.ie/player-information/player-welfare/>

## Have you read the Gaelic Games Road Map?

- Link: <https://camogie.ie/news/covid-19-update-safe-return-to-gaelic-games/>

## Have you completed the online Gaelic Games online education module?

- A certified eLearning module will be available no later than 19th June onwards. It will contain the most up-to-date information for Players, Parents/Guardians and Team Personnel and enable participants to get a Certificate to verify completion to their Club
- Link: <https://learning.gaa.ie/covid19learning>
- Recording from "Safe Return to Gaelic Games Guidelines". This recording is inclusive of the video demonstration explainer on completing the Return to Play Questionnaire -
- Link: <https://www.youtube.com/watch?v=shgo-TWDiHo>